

# Notification Advice

FOR ATHLETES

ENGLAND ATHLETICS

## Swindon Harriers Floodlit 3k Competition

### Swindon – Friday 19<sup>th</sup> November 2021

Thank you for entering this meeting, we look forward to seeing you on the day.

As you are doubtless aware most COVID restrictions have now been lifted and something approaching normal life has resumed. However, the virus is still very active, and the meeting organisers are committed to providing a safe, secure and enjoyable meeting for all concerned. As a result –

1. You should not attend the competition if you have any virus symptoms or have had close contact with anyone that shows symptoms or is suffering from the virus or that you have been advised to stay at home.
2. Respect your fellow athletes, the officials and any spectators and ensure that you observe an appropriate social distance from each other. Some people may wish to wear masks, others not, the choice is yours to make.
3. The competition will employ a number of procedures to provide a safe and secure environment for all eg, by the provision of hand sanitiser at the entry gates to the track, at the door to the toilets, the start line and the finish line. Please ensure that you comply with these as appropriate.
4. Please do not crowd the finish line nor the start line, the marksman will call you forward for your race as and when it is time. Please ensure you know your start time and do not gather near the finish line until c30 minutes prior to the start.
5. There will be toilets available but it is unlikely that drinks and light refreshments will be available. Would you please take litter home with you.
6. You are responsible for your own personal equipment and its exclusive use by you.

All results of the competition will be published after the competition.

Heat times and lane draws will be published on our website a few days prior to the event date, please ensure you know which heat you are competing in prior to arriving on the day.

If you have any queries regarding any of this information, then please do not hesitate to contact me on [bellrjg@btinternet.com](mailto:bellrjg@btinternet.com).

Look forward to seeing you and best of luck!