

Notification Advice

FOR ATHLETES



ENGLAND ATHLETICS

Mark Cawte Autumn Open Meeting

Swindon – Sunday 18th October 2020

Thank you for entering this meeting, we look forward to seeing you on the day. As you know we are indeed in strange times, and as such we have had to put in some extra rules and procedures at the competition - which you will not be used to - to ensure we mitigate against virus transmission.

Please review and follow the guidance below to help ensure our competition follows Government and England Athletics guidance.

1. The competition will employ procedures to comply with COVID-19 guidance and your involvement is dependent on your acceptance that you will co-operate with officials fully and adhere to procedures that are designed to reduce the risk of virus transmission.
2. You should not attend the competition if you have any virus symptoms or have had close contact with anyone that shows symptoms or is suffering from the virus or that you have been advised to stay at home.
3. Hand sanitiser will be available, but we would advise you to bring your own personal hand sanitiser and use it whenever you have touched surfaces that may have been touched by others. This and 2 metre social distancing is the key behaviour we expect of you to keep yourself safe.
4. If you see anything which contradicts current Government guidance please bring that to the attention of the Covid-19 coordinator (Steve Connolly) or the meeting manager (Ray Bell).
5. We would ask you and any spectators who accompany you to complete the Health Questionnaire/Track and Trace form and hand this in as you enter the track,. You will collect your number at this point. the entry gate is that nearest to the Tesco store, there will be signs directing you to this gate
6. As we have to limit the number of attendees would you please advise before the day of anyone who will accompanying you, this may be a parent/guardian/partner or coach.
7. You will be directed from the gate to the competition area for your particular event. To aid maintenance of distancing requirements there will be a signed one-way system for movement around the site which you must observe.
8. There will be toilets available and drinks and light refreshments will be available from a window in the main pavilion, near to the football pitches. Would you please take litter home with you.
9. You are responsible for your own personal equipment and its exclusive use by you.

Further information directly relevant to either Track or Field competitors and Spectators follows, please read and be aware of these when you arrive on the day.

All results of the competition will be published after the competition.

You should arrive at the relevant competition area no more than 30 minutes before the start of a track event. 45 minutes before the start of a field event, to ensure that social distancing across the site can be maintained. The timetable below will provide you with arrival and competition times.

Heat and lane draws for the track events accompany this document, please ensure you know which heat you are competing in.

If you have any queries regarding any of this information, then please do not hesitate to contact me on bellrjg@btinternet.com.

Look forward to seeing you and Best of Luck!

Provisional Competition Timetable

Track		Field	
10:00	Sprint Hurdles 70mh U13G 75mH U13B/U15G 80mH U15B/U17W	10:00	High Jump (U17M/U20m/SM) Long Jump (U13B/U15B)
10:45	800m All Age Groups, graded races	11:00	Pole Vault (All age groups) Long Jump U13G
12:00	200m All Age Groups, graded races	12:00	High Jump (U17W/20W/SW) Triple Jump (U15B/U17M/U20M/SM)
		13:00	Long Jump (U15G) Triple Jump (U15G/U17W/U20W/SW)
13:30	400m All Age Groups, graded races		
		14:00	Long Jump (U17M/20M/SM) High Jump (U13/15B)
14:15	300m All Age Groups, graded races		
15:00	1500m All Age Groups, graded races	15:00	Long Jump (U17W/20W/SW) High Jump (U13/15G)

Long Jump, Triple Jump and High Jump Competitors

- You will be directed to the holding area for your event from the registration desk.
- Only enter the competition area when invited to by an official.
- Athletes should sanitise their hands before and after jumping
- Spitting is not permitted; athletes should use chalk or something else suitable which does not have any transmission risk to mark out runups.

Track Event Competitors

- Always maintain social distancing within the holding area and only enter the competition/warm-up area when invited to by an official.
- There will be a designated warm up area for each event. You will be advised when and where you can begin your warm-up. Athletes should not move hurdles within either the warm-up or competition area.
- Be aware of your heat time and be in a position to hear a Starters' Assistant call competitors for marshalling and then lead the competitors to the start area. Take only personal starting blocks to the start, no other kit is to be left at the start.
- A sanitising station will be set up at the Call Up area where you will spray clean personal blocks if you have them and sanitise your hands. Obey all instructions given by the Starters Assistant.
- There will be stadium blocks available at the start. If needed, select and handle only one set if you require them. A block monitor will oversee the use of stadium blocks which will be sanitised between each use by an athlete.
- After your race personal blocks will be lifted and placed where you can collect them without having to enter the competition area.
- Ensure that post competition (the finish line) social distancing is maintained. After finishing your track event you should return as directed to retrieve any kit you have left in the warm-up area.

Spectators

- You should not attend the competition if you have any virus symptoms or have had close contact with anyone that shows symptoms or is suffering from the virus, or you have been advised to isolate.
- You will need to complete a health questionnaire and hand this in as you enter the site. You must have personal hand sanitiser and use when necessary.
- There will be toilets available and drinks and light refreshments will be available from a window in the main pavilion, near to the football pitches. Would you please take litter home with you.
- You must observe 2metre distancing while in the arena.
- You will be directed to the signed spectator areas. Spectators will not enter Competition or Warm up areas and avoid unnecessary contacts with surfaces (fences/railings etc).