

Swindon Harriers - Mark Cawte Open Meeting
Wednesday 22nd March 2023

Provisional Timetable (Updated 9th March 2023)

Track		
18:00	300m – Under 15 upwards graded races 18:00 18:05 18:10 18:15 18:20 18:25	Additional race added, entry now 36 with 6 races of 6 athletes
18:25	1000m - All Age Groups, graded races 18:35 18:45 18:55 19:05	Number of races reduced by one, now 4 races of 12 athletes, total entry limited to 48 Current entry. 38
19:15	150m - All Age Groups, graded races 19:15 19:20 19:25 19:30 19:35 19:40 19:45 19:50 19:55	Additional race added, now 9 races of 6, total entry 54 Current entry 54
19:50	600m - All Age Groups, graded races 19:50 19:55 20:00 20:05 20:10 20:15 20:20	Number of races reduced to 6 races of 10, total entry 60 Current entry 57
20:30	3000m – U15 upwards, graded races 20:30 20:45	Retained as two races of 15, total entry 30. Current entry 27

Notes

- 1) Under 13 athletes are only allowed to enter either the 600m or the 1000m – not both
- 2) Under 13 athletes are not allowed to enter the 300m
- 3) Under 15 athletes are only allowed to enter one event from the 600m/1000/3000m