

# Mark Cawte Memorial Meeting (Permit OUT 18/008)

The County Ground Track, Swindon

17th March 2018 Starting at 10:00

## Track Events

300m H	LU17, BU17, Seniors
70m H	GU13
75m H	BU13
75mH	GU15
80m H	BU15
80m H	LU17
100mH	BU17
100mH	SL
110mH	SM
150m	All Age Groups
300m	All Age Groups
600m	All Age Groups
1000m	All Age Groups
2 Miles	LU17, BU17, Seniors
1500m Walk	All Age Groups
3000m Walk	All Age Groups

## Field Events

Hammer	)
Javelin	)
Discus	) all age groups
Shot	) U13 to Senior
High Jump	)
Long Jump	)
Pole Vault	)

### High Jump Starting Heights

U13 - 1.05	U15G - 1.15
U15B - 1.25	U17W - 1.25
U17m - 1.35	SW - 1.30
SM	1.50

### Long Jump

U13	4 attempts
All others	3 plus 3 for top 6

**Shot** 3 plus 3 for top 6

**Discus** 4 throws

**Javelin** 4 throws

**ENTRIES FOR TRACK EVENTS WILL CONTINUE UNTIL THE DAY OF THE MEETING, ENTRIES WILL THEN CLOSE 45 MINUTES BEFORE THE EVENT**

**ENTRIES FOR ALL FIELD EVENTS WILL CLOSE ON SATURDAY 10TH MARCH**

Entries and Enquiries to Ray Bell, 43 Beech Close, Faringdon, Oxfordshire, SN7 7EN, email bellrjg@btinternet.com

**CLOSING DATE FOR FIELD ENTRIES TO BE RECEIVED - SATURDAY 10TH MARCH 2018**

Collect numbers on the day, cheques made payable to **Swindon Harriers**

Final Timetable will be published on Swindon Harriers website

Individual Entries

Juniors - u13 to u17 - £5.00 for up to three events

Seniors - u20 upwards - £5.00 first event, £3.00 second event, £10.00 for any number of events

<b>Name</b>		<b>Age Group</b>	
		<b>DoB</b>	

email

Event	PB or predicted for graded events

<b>Club</b>	
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<b>Address</b>	
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(As per UKA Rules Under 13, 15 and 17 can only compete in three events)