

Mark Cawte Jumps and Throws Open Meeting (Licence No. OUT 18/592)

The County Ground Track, Swindon (Age Groups under 13 - Veteran)

22nd September 2018 Starting at 10:00

Events (All age groups - under 13 to

- Hammer
- Discus
- Javelin
- Shot
- Triple Jump
- Pole Vault
- Long Jump
- High Jump

High Jump Starting Heights

U13 - 1.05 U15G - 1.15
 U15B - 1.25 U17W - 1.25
 U17m - 1.35 SW - 1.30
 SM 1.50

Long Jump

U13 4 attempts
 All others 3 plus 3 for top 6

Shot 3 plus 3 for top 6

Discus 4 throws

Javelin 4 throws

ENTRIES WILL CLOSE at 1700 hours on Saturday 15th September
THERE WILL BE NO ENTRIES ON THE DAY

Entries and Enquiries to Alan Brown, Rebecca, Aldbourne Road, Baydon, Marlborough, Wiltshire, SN8 2HZ
CLOSING DATE FOR ENTRIES TO BE RECEIVED - Saturday 15th SEPTEMBER 2018
 Collect numbers on the day, cheques made payable to **Swindon Harriers**
 Final Timetable will be published on Swindon Harriers website

Juniors - u13 to u17 - £5.00 for up to three events
Seniors £10.00

Name		Age Group	
		DoB	

email

Event	PB or predicted for graded events

Club

Address

(As per UKA Rules Under 13, 15 and 17 can only compete in three events)