

Mark Cawte Memorial Jumps and Throws Meeting (Permit OUT 17/593)

The County Ground Track, Swindon

23rd September 2017 Starting at 10:00

Events

Hammer
Javelin
Discus
Shot
High Jump
Long Jump
Pole Vault

High Jump Starting Heights U13 - 1.05 U15G - 1.15
U15B - 1.25 U17W - 1.25
U17m - 1.35 SW - 1.30
SM 1.50

Long Jump U13 4 attempts
All others 3 plus 3 for top 6

Shot 3 plus 3 for top 6

Discus 4 throws

Javelin 4 throws

Entries to Ray Bell - 43 Beech Close, Faringdon, Oxfordshire, SN7 7EN or via email -
bellrjg@btinternet.com

CLOSING DATE FOR ENTRIES TO BE RECEIVED - SATURDAY 16TH SEPTEMBER 2017

Collect numbers on the day

Final Timetable will be published on Swindon Harriers website

Entry fees - Flat Fee for any number of events (subject to UKA restriction for Juniors to 3 events)

Seniors £10.00 (Under 20 to Veteran inc) **Juniors £5.00** (Under 13, 15 and 17)

(Cheques payable to Swindon Harriers)

Name		Age Group	
		DoB	

email

Event	PB or predicted for graded events

Club	
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Address	
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(Under 13/15 and 17 can only compete in three events)